

# West Shore School District Middle School Menu December 2017

(V) Indicates Vegetarian Entrée Option  
(P) Indicates a Pork Product



Tiered Meal Price

## EVERYDAY CHOICES

Made to Order Salads & Sandwiches!

-Sandwiches served on choice of Kaiser roll, tortilla wrap, or sliced bread.

-Salads served with choice of vegetables, meats, cheeses, and grains.

				1 Boneless Wings w/ Dipping Sauce & Dinner Roll Celery Sticks Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk
4 Pancakes & Sausage Tater Tots Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk	5 Popcorn Chicken w/ Dinner Roll Baked Beans Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk	6 Pasta w/ Meat Sauce & Dinner Roll Steamed Broccoli Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk	7 Nachos Supreme Corn Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk	8 Fish & Chips w/ Dinner Roll Steamed Green Beans Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk
11 Pepperoni & Cheese Mini Stromboli w/ Side of Pasta Green Beans Spinach Side Salad Asst. Fresh & Can Fruit Choice of Milk	12 Chicken w/ a Biscuit Potato Wedges Spinach Side Salad Asst. Fresh & Can Fruit Choice of Milk	13 Mac & Cheese Bar w/Dinner Roll (V) Steamed Broccoli Spinach Side Salad Asst. Fresh & Can Fruit Choice of Milk	14 Beef Soft Taco Southwest Black Beans Spinach Side Salad Asst. Fresh & Can Fruit Choice of Milk	15 Slice of Meatloaf Dinner Roll Mashed Potatoes Steamed Carrots Spinach Side Salad Asst. Fresh & Can Fruit Choice of Milk
18 Brunch for Lunch: French Toast Sticks & Sausage Tater Tots Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk	19 Pulled Pork Sandwich Green Beans Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk <i>Guest Chef Adam at New Cumberland Middle School: Omelet Bar</i>	20 Teriyaki Beef Bites Brown Rice Steamed Broccoli Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk	21 Walking Nachos Dinner Roll Refried Beans Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk	22 Nittany Lion Franks Baked Beans Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk
25 NO SCHOOL	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL	29 NO SCHOOL
Menu Subject to Change			Please Contact Deb Shaffer at Shaffer@wssd.k12.pa.us or at 717-938-9577 with any questions or concerns.	Meal Prices: Full Price: \$2.75 Tiered Price: \$3.10 Reduced Price: \$4.00 Adult Meal: \$3.85 Tiered \$4.15 Milk: \$0.60



### A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens and Carrot Snack Packs plus Fruits & Vegetables, in an inviting variety; Locally Grown items are offered whenever seasonally available; 100% Juice Offered Daily; 1% White Milk or Fat Free White, Chocolate or Strawberry Milk included with all meals



### EVERYDAY CHOICES:

Chef Salad w/ Dinner Roll  
Garden Salad w/ Cheese & Dinner Roll (V)  
Chicken Caesar Salad w/ Dinner Roll  
Fruit & Yogurt Parfait (V)  
\*Week of 12/4-12/8: Featuring Honey Pear Cranberry Parfait  
Tuna Salad Hoagie  
Italian Hoagie  
Turkey & Cheese Wrap  
PB & Jelly Sandwich w/ Cheese Stick (V)



Monday -Mozzarella Sticks & Marinara(V)  
Tuesday- Meatball Parm Sub  
Wednesday- Chicken Tenders w/ Roll  
Thursday-Hot Ham & Cheese Pretzelwich  
Friday- Cheesesteak Sandwich

### EVERYDAY CHOICES

\*Flame Broiled Beef Patty on  
Bun (with or without Cheese),  
\*Spicy Chicken Patty  
\*Chicken Patty Sandwich  
\* Garden Veggie Burger (V)

Baked French Fries offered Tuesday,  
Wednesday, and Thursday with Grill Items



### AVAILABLE EVERY DAY:

Cheese Pizza (V)  
Pepperoni Pizza  
(Regular Meal Price)

### Daily Specialty Pizza (Tiered Meal Price)

Monday- Sausage Pizza

Wednesday- Meat Lovers Pizza

Friday- French Bread Pizza

Tuesday- Three Cheese Flatbread Pizza

Thursday- Buffalo Chicken Pizza

