

# West Shore School District Secondary Breakfast Menu November 2017

Our menus are aligned with the USDA's  
"Healthier US School Challenge."



**cafe**  
classics

		1 Assorted Cereal w/ Grahams Banana Muffin & Grahams Breakfast Pizza Assorted Fruit Juice / Milk	2 Assorted Cereal w/ Grahams Mini Cinnamon Buns Bacon, Egg & Cheese Bagel Assorted Fruit Juice / Milk	3 Assorted Cereal w/ Grahams Bagel & Cream Cheese Cinnamon Rush French Toast Assorted Fruit Juice / Milk
6 Assorted Cereal w/ Grahams Yogurt & Grahams Mini Maple Waffles Assorted Fruit Juice / Milk	7 Assorted Cereal w/ Grahams Chocolate Muffin w/ Grahams Ham, Egg, & Cheese on an English Muffin Assorted Fruit Juice / Milk	8 Assorted Cereal w/ Grahams Yogurt & Grahams Breakfast Pizza Assorted Fruit Juice / Milk	9 Assorted Cereal w/ Grahams Blueberry Muffin w/ Grahams Sausage, Egg & Cheese Bagel Assorted Fruit Juice / Milk	10 Assorted Cereal w/ Grahams Fruit & Yogurt Parfait ☀️ Breakfast Tacos Assorted Fruit Juice / Milk
13 Assorted Cereal w/ Grahams Fruit & Yogurt Parfait Bacon, Egg, & Cheese on a Bun Assorted Fruit Juice / Milk	14 Assorted Cereal w/ Grahams Bagel & Cream Cheese Mini Maple Pancakes Assorted Fruit Juice / Milk	15 Assorted Cereal w/ Grahams Fruit & Yogurt Parfait Breakfast Pizza Assorted Fruit Juice / Milk	16 Assorted Cereal w/ Grahams Cherry Frudel Egg & Cheese Bagel Assorted Fruit Juice / Milk	17 Assorted Cereal w/ Grahams Blueberry Muffin w/ Grahams French Toast Sticks Assorted Fruit Juice / Milk
20  NO SCHOOL	21  NO SCHOOL	22  NO SCHOOL	23  NO SCHOOL	24  NO SCHOOL
27  NO SCHOOL	28 Assorted Cereal w/ Grahams Bagel & Cream Cheese Blueberry Mini Pancakes Assorted Fruit Juice / Milk	29 Assorted Cereal w/ Grahams Fruit & Yogurt Parfait Breakfast Pizza Assorted Fruit Juice / Milk	30 Assorted Cereal w/ Grahams Blueberry Muffin w/ Grahams Egg, & Cheese Bagel Assorted Fruit Juice / Milk	
			Please Contact Deb Shaffer at DShaffer@wssd.k12.pa.us or at 717-938-9577 with any questions or concerns  Menu Subject to Change	Breakfast Meal Prices: Full Price Meal: \$1.60 Reduced Meal: \$.30 Adult Price: \$2.10 Milk: \$.60  Variety of Fresh and Canned Fruit Options Offered Daily!

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

Assorted Cereal is defined as:

Golden Grahams  
Froot Loops

Cheerios  
Trix



EVERYDAY CHOICES

Choice of Milk:

Fat Free White, Fat Free Chocolate, Fat Free Strawberry, or 1% White  
Variety of Fresh Fruit & 100% Juices