

West Shore School District Middle School Menu November 2017

(V) Indicates Vegetarian Entrée Option
(P) Indicates a Pork Product



Tiered Meal Price

EVERYDAY CHOICES

Made to Order Salads & Sandwiches!

-Sandwiches served on choice of Kaiser roll, tortilla wrap, or sliced bread.

-Salads served with choice of vegetables, meats, cheeses, and grains.

		1 Pasta w/ Meat Sauce & Dinner Roll ☀️ Steamed Broccoli Super Side Salad Asst. Fresh & Can Fruit Choice of Milk	2 Nachos Supreme Corn ☀️ Super Side Salad Asst. Fresh & Can Fruit Choice of Milk	3 Fish & Chips w/ Dinner Roll Steamed Green Beans ☀️ Super Side Salad Asst. Fresh & Can Fruit Choice of Milk
6 Pepperoni & Cheese Mini Stromboli w/ Side of Pasta Green Beans Spinach Side Salad Asst. Fresh & Can Fruit Choice of Milk	7 Chicken in a Basket w/ a Biscuit Potato Wedges Spinach Side Salad Asst. Fresh & Can Fruit Choice of Milk	8 Mac & Cheese Bar w/ Dinner Roll (V) Steamed Broccoli Spinach Side Salad Asst. Fresh & Can Fruit Choice of Milk	9 Beef Enchilada Southwest Black Beans Spinach Side Salad Asst. Fresh & Can Fruit Choice of Milk	10 Slice of Meatloaf w/ Mashed Potatoes Green Beans Spinach Side Salad Asst. Fresh & Can Fruit Choice of Milk
13 Brunch for Lunch: French Toast Sticks & Sausage Tater Tots Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk	14 Chili Cheese Poutine Served w/ Corn Muffin Green Beans Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk	15 Grilled Cheese Sandwich Steamed Broccoli Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk	16 TURKEY DAY Roasted Turkey w/ Gravy Stuffing & Dinner Roll Tangy Cranberry Sauce Buttery Whipped Potatoes Steamed Corn Hershey's Ice Cream Cup Asst. Fresh & Can Fruit Choice of Milk	17 Pulled Pork Sandwich (P) Baked Beans Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk
20 NO SCHOOL	21 NO SCHOOL	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL
27 NO SCHOOL	28 Bacon & Cheese Stuffed Potato Skins w/ Tortilla Chips Corn / Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk <i>Guest Chef Adam at Crossroads Middle School: Omelet Bar</i>	29 ☀️ BBQ Chicken Quesadilla Green Beans Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk	30 Chicken & Mini Waffles Baked Fries Romaine Side Salad Asst. Fresh & Can Fruit Choice of Milk	
Menu Subject to Change			Please Contact Deb Shaffer at Shaffer@wssd.k12.pa.us or at 717-938-9577 with any questions or concerns.	Meal Prices: Full Price: \$2.75 Tiered Price: \$3.10 Reduced Price: \$4.00 Adult Meal: \$3.85 Tiered \$4.15 Milk: \$0.60

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES



Fresh Garden Salad Greens and Carrot Snack Packs plus Fruits & Vegetables, in an inviting variety; Locally Grown items are offered whenever seasonally available; 100% Juice Offered Daily; 1% White Milk or Fat Free White, Chocolate or Strawberry Milk included with all meals



EVERYDAY CHOICES:
Chef Salad w/ Dinner Roll
Garden Salad w/ Cheese & Dinner Roll (V)
Chicken Caesar Salad w/ Dinner Roll
Fruit & Yogurt Parfait (V)
Tuna Salad Hoagie
Italian Hoagie
Turkey & Cheese Wrap
PB & Jelly Sandwich w/ Cheese Stick (V)
Celery Dipper Meal (V)



Monday -Mozzarella Sticks & Marinara(V)
Tuesday- Meatball Parm Sub
Wednesday- Chicken Tenders w/ Roll
Thursday-Hot Ham & Cheese Pretzelwich
Friday- Cheesesteak Sandwich

EVERYDAY CHOICES

*Flame Broiled Beef Patty on Bun (with or without Cheese),
*Spicy Chicken Patty
*Chicken Patty Sandwich
*Garden Veggie Burger (V)

Baked French Fries offered Tuesday, Wednesday, and Thursday with Grill Items



AVAILABLE EVERY DAY:

Cheese Pizza (V)
Pepperoni Pizza
(Regular Meal Price)

Daily Specialty Pizza (Tiered Meal Price)

Monday- Sausage Pizza

Tuesday- BBQ Chicken Pizza

Wednesday- Meat Lovers Pizza

Thursday- Buffalo Chicken Pizza

Friday- French Bread Pizza