

Best Practices for Wearing Face Masks

Putting a Face Mask on Prior to Work



Wash Hands with soap & water for a minimum of 20 seconds before putting on the mask.



Put the mask on the face correctly – Be sure the back side is towards the face.



Avoid touching face when putting mask on – Mask must cover mouth and nose.



Don't Touch The Mask – Avoid touching the mask while it is on the face.

Properly Removing a Face Mask



Wash Hands with soap & water for a minimum of 20 seconds before touching face & removing the mask.



Remove The Mask Carefully – Avoid touching the front or inside of the mask when removing.



Store reusable masks in proper container and launder daily.

OR



Disposable masks should be thrown immediately into trash after use.



Wash Hands with soap & water for a minimum of 20 seconds after mask removal and disposal.



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