



WEST SHORE WELLNESS

# GRAND CANYON

A VIRTUAL MAP CHALLENGE

APRIL 1 – APRIL 28

## **REGISTRATION IS NOW OPEN for the 2018 WALKING WORKS CAMPAIGN!**

**Your goal is to log 7,500 steps per day over a four-week period. As you log steps on the Walker Tracker platform, you will be trekking along the virtual map route.**

**You can track your steps with a pedometer, phone app, or fitness tracking device! See separate flier for more information on syncing your device.**

**Various prizes will be awarded throughout the challenge, and a sneaker lanyard pin will be awarded to those participants who track steps throughout the entire campaign.**

**Simply log in to the website below to register for the challenge.**

**<https://westshoresd.walkertracker.com>**

**A limited number of pedometers are available for loan. When the campaign is over, they will be returned to ACE for future campaigns. Email Lauren Russell at [lrussell@wssd.k12.pa.us](mailto:lrussell@wssd.k12.pa.us) if interested in borrowing a pedometer. They are available on a first-come, first-served basis.**